

Let's Ask.....

The Experts

Aiding People With Diminishing Mental Performance

By V. Demarin, M.D., Ph. D.

(N A P S) – Symptoms such as forgetfulness, loss of concentration and disorientation can be early signs of dementia or Alzheimer's disease (AD).

Beginning as early as age 35, anyone who experiences these symptoms should see a doctor.

Physicians have more ways than ever to deal with AD – and the sooner treatments are started, the better the outcome is likely to be.

For example, recent double blind studies discovered that AD patients who took the dietary supplement NADH, a natural coenzyme present in every living cell in the body, did not exhibit as much impairment as the control group. In addition, they performed better on verbal ability and abstract reasoning test. What's more, there were no side effects.

AD is a degenerative disease of the brain that slowly destroys nerve cells, impairing thought, memory and speech.

The vitamin B3 derived co-enzyme, NADH (reduced nicotinamide adenine dinucleotide), is available under the name ENADA at pharmacies and health food stores.

-Dr. Demarin is a medical researcher at the Department of Neurology, Sestre milosrdnice University Hospital in Croatia. For more information, visit www.enada.com or call 1-800-518-2207